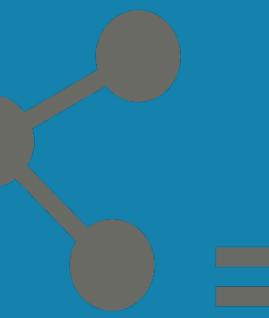


# Changing the landscape of ALS in Africa: Accomplishments

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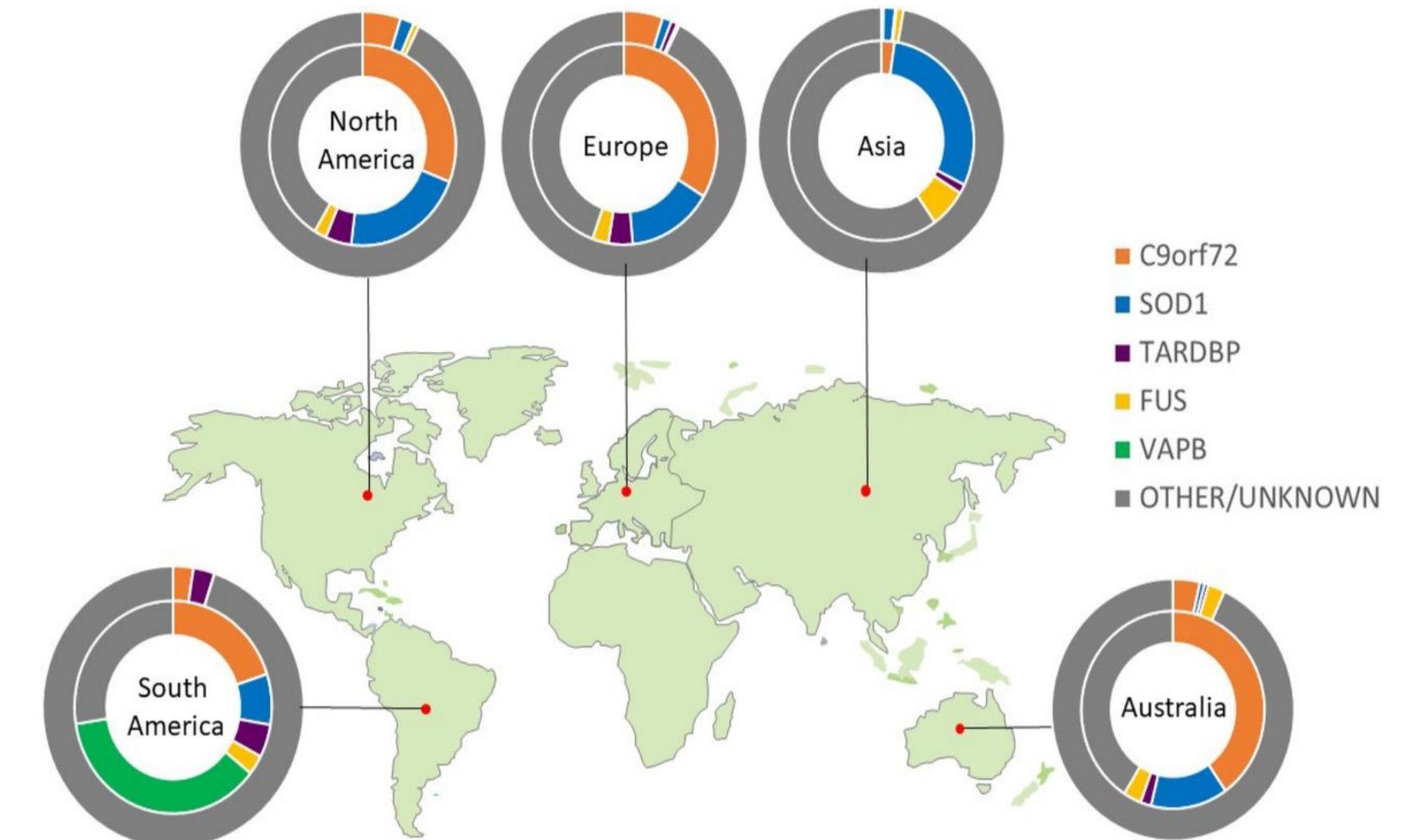
ALSAfrica-Net

## Background

- ALS has been a neglected disease in Africa
- The ALS phenotype in African patients is poorly described, with no data on behaviour and cognition
- There is very limited data on the genetic profile of ALS in Africa which is important for gene specific therapies

### ALSA seed grants 2018 & 2022: AIMS

- Adapt and norm the Edinburgh Cognitive ALS Screen (ECAS) in Afrikaans, SA English, isiXhosa
- Organize 4 ALS research centres in Africa and establish the ALSAfrica network

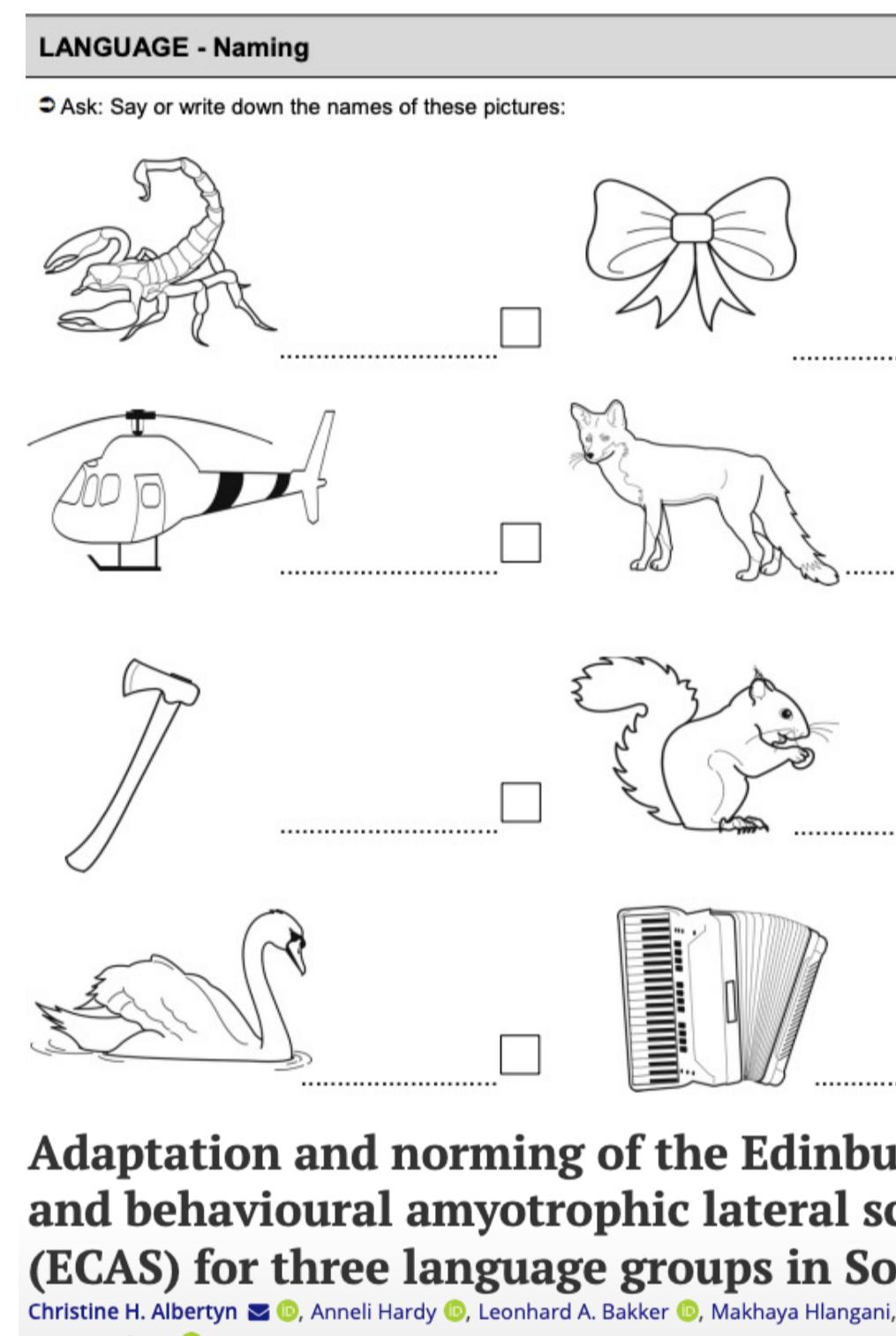


Global genetic architecture of ALS. No data for Africa

Dharmadasa et al. Pract Neurol 2022



The Aga Khan University Hospital, Nairobi



UK English

## Methods

Clinical and behavioural data captured on standardized REDCap

ECAS translated to isiXhosa, Afrikaans, SA English and Yoruba

Whole blood shipped to Cape Town for DNA extraction

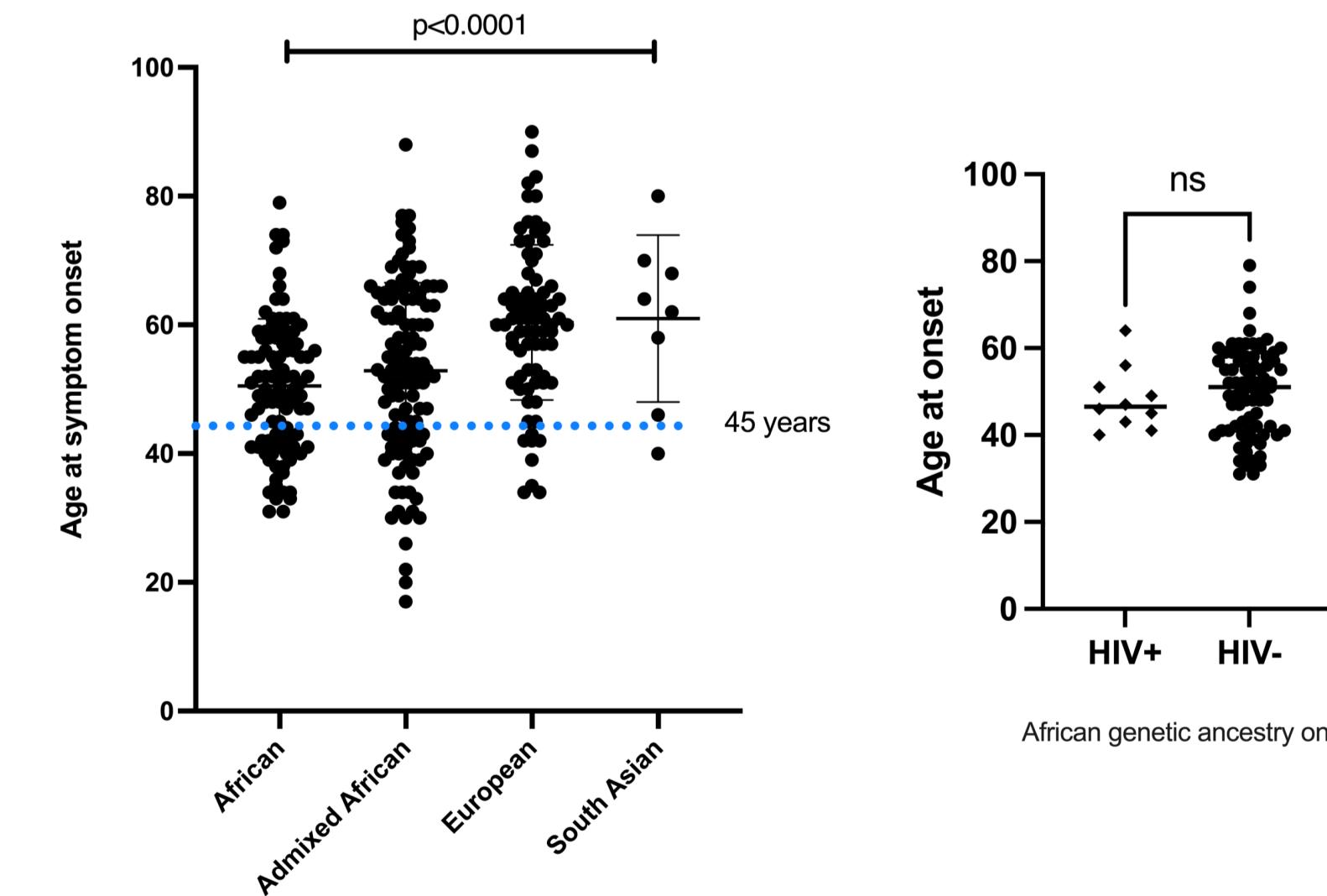
Phase Ia: Whole exome sequencing & ALS panel gene screening

Phase Ib: A commercial C9orf72 assay screens for expansions

Phase II: research & discovery

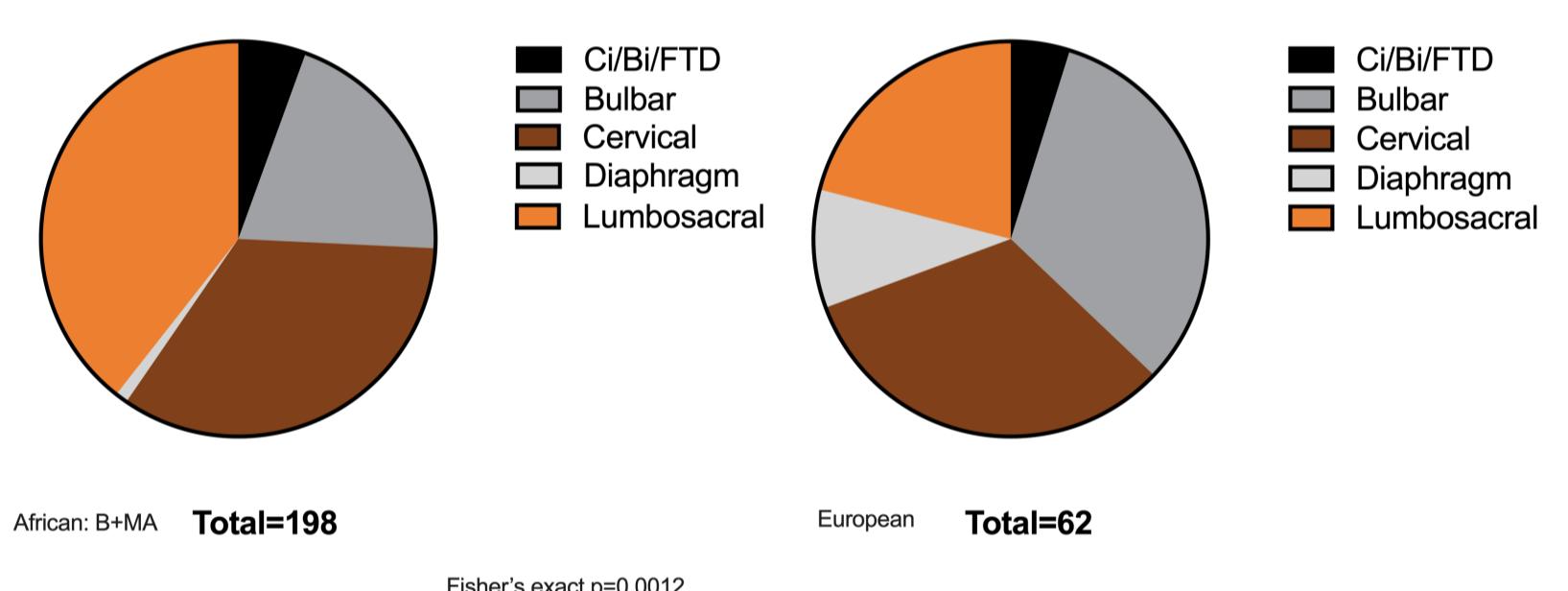
## Results

Symptom onset earlier in African ancestry ALS patients



## Results

Symptom onset by anatomical region varies by genetic ancestry



Frequency of C9orf72 expansions in African ancestry ~4% compared to 7% in patients of European ancestry; while the frequency of SOD1 mutations is 1% in Europeans vs 4% in African-genetic ancestry.<sup>2</sup>

## Accomplishments

- Establishing research clinics changes the patient's ALS journey despite absence of therapy.
- Gathering cognitive and behavioral data in Africans with ALS
- We have changed the accessibility of Africans with ALS to obtain actionable gene results

## Next steps

- Support for ALSAfrica network sustainability is required
- Much can be accomplished with seed grants

## Acknowledgements

Melissa Nel & ALS genomics: Wellcome-funded  
Michael Benatar & CReATe Consortium  
ALSA funding  
SA MND Association  
ALS patients/families for their participation



## Website

[alsafrika.org](http://alsafrika.org)

## References

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- Nel et al. Neurology, Genet 2022